

THE Artesian

FALL 2016



**International
STREET FAIR
& Diversity Festival**

**PARKS & RECREATION
FALL CATALOG**

Events | Activities | Classes | Programs

FESTIVAL GUIDE & MAPS



BEER GARDEN: JOSHUA RESNICK / SHUTTERSTOCK.COM CONCERT: BOGDANHODA / SHUTTERSTOCK.COM GUITAR: ARON BRAND / SHUTTERSTOCK.COM FOOD BOOTH: MATEJ KASTELIC / SHUTTERSTOCK.COM



International STREET FAIR & Diversity Festival

SATURDAY • OCTOBER 1 • 11 am – 11 pm
Pioneer Boulevard between 183rd & 188th Streets
 International Entertainment and Cuisine – Live Music
 Beer Garden – Arts & Crafts – Shopping
 Kids Zone – Giveaways – FREE Admission

Join the City of Artesia for the 3rd Annual International Street Fair & Diversity Festival on Pioneer Boulevard, Saturday, October 1, from 11 am to 11 pm. Experience diversity in Artesia by enjoying a day filled with cultural performances, music, and entertainment, International cuisine, a beer garden, shopping, arts and crafts, and the Kids Zone. The event offers a full day of activities for the entire family. Check out the lists of bands and performers that will be appearing on the North Stage near 183rd Street and the South Stage near 187th Street on pages 4-5.

Visitors to the Kids Zone will discover loads of fun activities including rides, arts and crafts, games, and a chance to experience the petting zoo or take a pony ride. The City of Artesia Parks and Recreation Department will be giving free ride wristbands to the first 200 local children who are 12 years old and under. Ride wristbands can be picked up at the Parks and Recreation booth at the north

end of the Kids Zone. Free ride wristbands are available on a first-come first-served basis to Artesia residents only, one wristband per Artesia address. Your child must be present and you must provide proof of residency (bring your California driver's license or a utility bill). The free ride wristbands are valid for unlimited rides from 11 am to 3 pm (excluding pony rides). Additional ride wristbands are available for sale for \$10, which are also valid from 11 am – 3 pm, \$15 which can be used for half a day, or \$20 for an entire day of rides. Individual tickets for the rides may also be purchased for \$2 each.

Last year the International Street Fair & Diversity Festival was a great destination for 40,000 foodies, families, and fun-seekers. This year the City is planning an even bigger and better Diversity Festival.

As the event continues to grow in popularity, attendees are encouraged to park their cars and ride the free shuttle

to the Diversity Festival. **The free festival shuttle will pick up and drop off attendees at the following locations:**

- 1** Artesia Towne Center on the Northwest corner of 183rd Street and Pioneer Boulevard (near Jack in the Box)
- 2** Northeast corner of Gridley Road and Artesia Boulevard
- 3** AJ Padelford Park
- 4** East side of Elaine Avenue just south of the 166th Street intersection
- 5** New Life Church on Norwalk Boulevard
- 6** Across from Artesia Park on Elaine Avenue

Parking is available at:

- New Life Church [free]
- AJ Padelford Park [free]
- Artesia Park [free]
- On the old railroad tracks off of Pioneer Boulevard between 187th Street and South Street

See the shuttle route and parking map on pages 6-7.

For more information, please go to the City of Artesia's website at cityofartesia.us or call 562-865-6262.



APPEARING ON THE NORTH STAGE AT 183rd STREET

Appearance times approximate and performers subject to change.

10:30 am - 1 pm OPENING CEREMONIES:

Faye Ross Middle School Choir
 Flag Celebration and Color Guard – South East Academy
 Military & Law Enforcement High School
 Master Sgt. Mari Schaffer
 National Anthem – Jennifer Sarabia
 Welcome from City of Artesia
 Center Stage Dance Academy Performers
 Chinese Kung Fu Fan Dance and Tai Chi by the Yuanchi Club
 Chinese Folk Dances by Ling Dance Academy

1 - 4 pm

Artesia Park Zumba by Rocio Guzman
 Luther Burbank Elementary School's Spirit Squads
 and Dawg Squad
 Zimbabwean and Latin American Rhythms
 by Masanga Marimba
 Chinese Folk Dances
 by Linda Yao's ABC Adult School Folk Dancers
 Indian Classical Dances by Nupur Academy LA
 Ballet, Jazz, & Contemporary Dance
 by Quest Learning Center
 Indian Folkloric Dance by Aditi Parikh

4 - 6 pm

Hikari Taiko Japanese Drummers
 Mexican Folklorico by Ballet Folklorico El Lucero
 Filipino Dance by Club Kaibagan

6 - 8:30 pm

Acknowledgements by the City of Artesia
 Cultural Performance by Maha & Company
 Hawaiian Hulas by Hedy Harrison –
 Anduha's Cerritos Seniors Group
 Ed Chau Bagpipes
 Indian Cultural Dances by Smita Das

8:30 - 11 pm

Korean Cultural Dances by Silk & Thunder
 Chinese Cultural Dances by Silk & Thunder
 Jamaican, Portuguese, and Mexican Performances



APPEARING ON THE SOUTH STAGE AT 188th STREET

Appearance times approximate and performers subject to change.

- 11:30 am - 12:30 pm** Mariachi Perla
Mexican folk/street music
- 1:00 pm - 2:00 pm** Big City Hillbillies
Country music
- 2:30 pm - 3:30 pm** Living Latin Loud
Latin music
- 3:50 pm - 4:50 pm** L.A. Lyon
Variety
- 5:10 pm - 6:10 pm** The ComeUnity Band
Reggae
- 6:40 pm - 7:40 pm** R. Love
Contemporary Jazz
- 8:00 pm - 9:00 pm** Remj
Michael Jackson tribute artist
- 9:30 pm - 11:00 pm** Lou's Crew
Variety



VENUE MAP ALONG PIONEER BLVD IN ARTESIA

Saturday October 1
11 AM – 11 PM
between 183rd Street
and 188th Street

Food & Beverage Booths

Ashoka the Great Restaurant	DES Fatima Group	Nieves El Paraiso
Balam Mexican Kitchen	Duke's Wrap Delight	Papas & Dogs
Bangkok Grill	Ganesha Foods	Rounds Burgers
Big Dee BBQ	Holly's BBQ	Ruanthong Thai Food
Chennai Dosa Corner	Kali Churros	Scandylous Delights
Darunny's Beef & Chicken Sticks	Kettle Corn & Stuff	Sweet Pops
	La Halal Food	The Cake Corner
	Lobsterdamus	The Little Sweet Place
	MaMae's Cooking	Tropical Islands

Food Trucks

Chubbie Monkee	Gyritto
Clemente Fruits	King Kine Ice Cream Co.

FOR ADDITIONAL FESTIVAL INFORMATION:

www.CityofArtesia.us/diversityfestival



Street Fair Booths

Aarti Shah DDS Inc.	Cerritos Korean Seventh-Day Adventist Church	H.E.L.P.	Papa Johns	Shaklee
ABC Federation of Teachers	Charvi Fashion	Happy Penguins	Patras Home	Shree Pashupalinath
Ahmadiya Muslim Community	City Bible Church	Henna Pakeezah	Pete & Sons	Foundation USA
Akk	Color Me Face Painting	Holy Family Church	Carpets & Linoleum	Sister Collection
American Direct Solar	Crystal Fantasy	Hybridrace	PN Water Store	Sofa's Fashion
AMJ Creations	Dazzling Collections	Iskcon	Prissy Lash & Bags	Sona Chaandi
Anokshi Collections	Deluxe-Soul Tees	Jolly Collections	Project Rishi	Sonal Selects
Art of Living Foundation	Divine Kava	Joshua International	Prothomaa Boutique	SP Sales
Artesia Historical Society	Dream Stone Jewelry	Medical Mission	Reading by Stay	Starleas Solution
Artesia-Cerritos Lions Club	Ethnic Trendz	Madinah Books and Gifts	Renee African Apparel	State Bank of India
Artesia-Cerritos United Methodist Church	End Malaria Now	Malaika Boutique	Trinity Christian Reformed Church	SVG Frames
Ayesha Boutique	Faizan Jewaria	Miss India Fashion	Rooster Camisa	The Power of Prayers
Bagit	Forest Lawn Memorial Park	ModTech Global	Rose Hills	Unique Jewelry
Bilkis Dads	Forever Radiant	Mt8848	SAHARA	Usborne Books and More
Black Tie Affair Tattoo Parlor	Gauar Collections	Natural Bath & Bodycare	Sara Khan	ZK Collection
Bollywood Music & Gifts	Geo Crystal	Nithyanandeshwara Hindu Temple	Senator Tony Mendoza	
Cerritos College	Gurukul Academy	OC Henna		



FREE RIDE WRISTBANDS FOR THE FIRST 200 KIDS FROM ARTESIA AGES 5 TO 12
Good from 11 am-3 pm • Artesia residents only
 One wristband per address, proof of residency required (bring your California driver's license or utility bill). Please go to the Parks & Recreation booth to receive the wristband.
COME EARLY!

NO SMOKING ANYWHERE ALONG PIONEER BLVD WITHIN THE FESTIVAL VENUE

PARKING SEE SHUTTLE MAP ON PAGES 8-9 FOR ADDITIONAL PARKING LOCATIONS

FIRST AID AVAILABLE AT INFO BOOTHS AND PARKS & REC BOOTH



SPECIAL THANKS TO OUR **Sponsors**

- Gold**
London's Pub & Grill
- Silver**
CR&R Environmental Services
Kola Hotel Group
Pioneer Cash & Carry
Sai Construction
- Bronze**
Ashoka The Great Restaurant
City Plaza
Denny's Restaurant
Dr. Roy Egari, MD
Nick Shell Service Station
Radha Krishna Temple
State Bank of India (California)
Vrooman's Automotive
- Friends of the Festival**
AMA Computer College
Hornblower / Agarwal
Nationwide Environmental Services
Rasbhog - 100% Vegetarian Buffet
Udupi Palace - Vegetarian Indian Cuisine

DIVERSITY FESTIVAL KIDS ZONE:

- Inflatable Rides
- Petting Zoo
- Face Painting
- Arts & Crafts
- Pony Rides
- Games
- Fun!



**FREE Ride Wristbands
for the first 200 kids
from Artesia!**

Free wristbands good for unlimited rides from 11 am-3 pm for Artesia residents only, ages 5 to 12

One free wristband per address, proof of Artesia residency required (bring your California driver's license or utility bill). Child must be present. Please go to the Parks & Recreation booth to receive the wristband.

COME EARLY!

Inflatable ride wristbands are available for sale:
\$10 11 am - 3 pm unlimited
\$15 half day unlimited
\$20 all day unlimited
\$2 individual ride ticket

City of Artesia Park Locations



Artesia Park ALBERT O. LITTLE COMMUNITY CENTER

18750 Clarkdale, Artesia, CA 90701

Office Hours:
Monday-Friday 8 am - 8 pm
Saturday 10:30 am - 4:30 pm
Sunday closed

Hours of operation may be extended to accommodate additional programs.



AJ Padelford Park

11870 169th Street, Artesia, CA 90701

Office Hours:
Monday-Friday 9 am - 6 pm
Saturday 10:30 am - 4:30 pm
Sunday closed



Baber Park

17189 Baber Avenue, Artesia, CA 90701



PARK RULES are posted at each park entrance. Please follow them to ensure the parks stay clean and safe and offer a fun place for people to gather.
No alcohol or smoking is permitted on park grounds. Parks are open to the public from 7 am to 10 pm; overnight camping is not permitted. Well-socialized dogs are allowed on a leash, but please be sure to come prepared to pick up after your pet and keep the park clean and enjoyable.

HOLIDAY PARK & OFFICE CLOSURES

VETERANS DAY	Friday, November 11	Park office hours 12-6 pm; City Hall closed
THANKSGIVING	Thursday, November 24 Friday, November 25	Park office closed; City Hall closed Park office hours 12-6 pm; City Hall closed



Artesia Library Fall Event Highlights

County of Los Angeles Public Library

Homework Center

Homework assistance for children kindergarten through sixth grade. Call the library for more information!

Artesia Adult Book Club

Tuesdays • September 3, October 11, November 8 • 12-1 pm

Family Storytime and Art Activity

Tuesdays • September 13 through November 29 • 6:30-7:30 pm

Pokebot by Swapna Kulkarni

Saturday • September 17 • 12-1 pm**

Children ages 8-12.

Registration at Artesia Library beginning September 1. Space limited to 20 children.

Braille Institute Collection Open House

Saturday • September 24 • 2-3 pm

Refreshments provided with support by Friends of the Artesia Library.*

Ruff Ruff Reading Club by BARK!

Saturdays • October 1, November 5, December 3 • 12-1 pm

Children can read out loud to a real therapy dog from Beach Animals Read with Kids!

Advanced Smart Gardening

Saturday • October 8 • 12-1:30 pm

County Department of Public Works. Compost bins and worm farms will be available for sale.

Retirement Planning

Saturday • October 15 • 11 am-12 pm

Lifestyles of the Slimy and Squishy

Saturday • October 15 • 2-2:45 pm

Children can experience marine life up-close with live tidepool animals, specimens and colorful puppets!

Anime Your Way!

Saturday • October 15 • 2-3 pm

The Buster Balloon Show!

Saturday • December 3 • 2-2:45 pm

*Parents: Please be aware that refreshments will be served at this program. A list of ingredients will be available.

**Program provided with support through the County Library Foundation Matching Grant program and Friends of the Artesia Library.



ARTESIA LIBRARY

County of Los Angeles
Public Library

18722 Clarkdale Avenue
Artesia, CA 90701

562-865-6614

HOURS

Tuesday & Wednesday • 12-8 pm

Thursday • 10 am-6 pm

Friday & Saturday • 9 am-5 pm

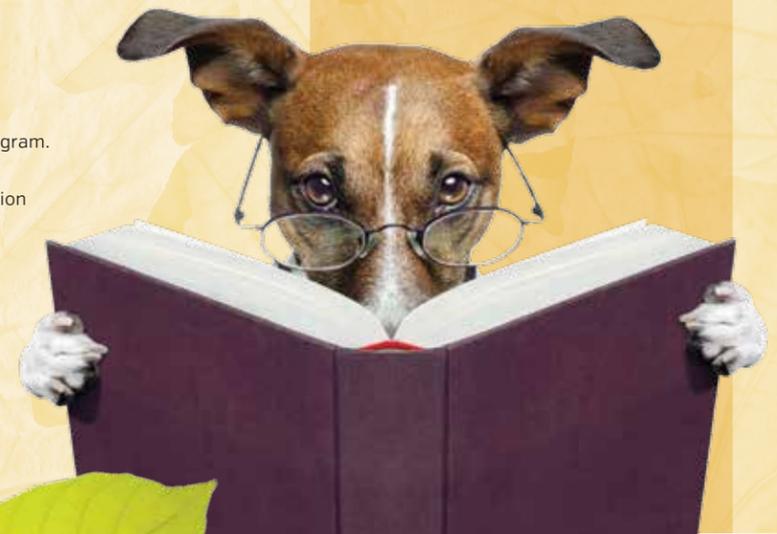
Check the Artesia Library website:
www.colapublib.org/libs/artesia/index.php

Friends of the Artesia Library Meeting

Tuesday • October 4 • 6:30-8 pm

All interested persons are welcome and invited to attend.

**NEW LIBRARY
OPENING LATE 2017**



LEAVES BACKGROUND: NICHOLAI / SHUTTERSTOCK.COM GIRL READING: GEORGE RUDY / SHUTTERSTOCK.COM DOG READING: JAVIER BRISCHY / SHUTTERSTOCK.COM LEAVES: TRIFF / SHUTTERSTOCK.COM

JOIN THE TEEN PROGRAM WHERE YOU CAN:

- Go on excursions
- Make a difference in your community
- Receive homework help
- Just hang out!

FREE HOMEWORK HELP

Join the AJ Padelford Park Teen Center. It is our desire to enhance teens' educational experience OUTSIDE of the classroom. Having staff available to assist students with their homework allows students to set academic goals, identify their strengths, and target areas for improvement, and ultimately, prepare for success INSIDE of the classroom. Don't hesitate to bring those nasty algebra equations or rough drafts to the teen center with you - there will be someone to help!

**FREE MEMBERSHIP REQUIRED
TO PARTICIPATE IN ANY ACTIVITIES
OR EVENTS. SIGN UP TODAY!**

AJ Padelford Park Teen Center

OPEN MONDAY - FRIDAY • 3-6 pm • FOR AGES 13-18

Excursions

Last day to register is two weeks prior to the day of event.

Bonfire at Bolsa Chica State Beach

Friday • November 4 • 5-10 pm • Free

Your Time Counts - Community Service

Need community service for school? We can help you out!

Community Service Opportunity:

Halloween Spooktacular at Artesia Park

Monday • October 31 • 5-8 pm

Volunteers will be responsible for operating the game booths at the Parks and Recreation Department's Halloween Spooktacular.

Midnight Mission Volunteer Day

Monday • November 21 • 10 am - 3 pm

Volunteers will be serving lunch or dinner at the Midnight Mission soup kitchen.

Game Nights

Every first Friday of the month. Games include Nintendo Wii, board games, ping pong, and card games.

Movie Nights

Every third Friday of the month. Movies shown are PG-13 or below and begin at 6 pm.



Bolsa Chica State Beach

Youth Activities



Ballet for Pre-K

Through stories, songs and classical ballet poses your budding ballerina will learn the traditional movement and language of ballet, along with stories of the most famous ballets. Ballet shoes recommended.

Instructor: Eliana Drew

Resident \$24 • Non-Resident \$29 • Artesia Park

Monday 5-5:45 pm Ages 2-4 10/24 - 12/5
No class 10/31

Beginning Ice Hockey Skating Skills Class

Learn fundamental hockey skills including forward and backward skating (strides), transitional turns, stops, and skating on one foot. Skaters will learn the basic skills necessary to join recreational, high school, or travel league hockey teams. With support from its affiliate, the NHL Ducks, The Rinks Lakewood ICE is excited to see increased interest in the sport of ice hockey in Southern California, where indoor rinks allow for year-round play. Our goal is to see a jersey on every back and a skate on every foot.

Instructor: The Rinks Lakewood ICE Rink Staff

TOT ICE HOCKEY

Beginner: 3-6 years \$45 / 4 weeks or \$34 / 3 weeks

Saturdays	10:15-10:45 am	9/24 - 10/15
Thursdays	4-4:30 pm	10/20 - 11/10
Saturdays	10:15-10:45 am	10/25 - 11/12
Thursdays	4-4:30 pm	11/17 - 12/15*
Saturdays	10:15-10:45 am	11/19 - 12/17*

YOUTH ICE HOCKEY

Beginner: 7-12 years \$45 / 4 weeks or \$34 / 3 weeks

Saturdays	10:15-10:45 am	9/24 - 10/15
Thursdays	4-4:30 pm	10/20 - 11/10
Saturdays	10:15-10:45 am	10/24 - 11/12
Thursdays	4-4:30 pm	11/17 - 12/15*
Saturdays	10:15-10:45 am	11/19 - 12/17*

TEEN ICE HOCKEY

Beginner: 13-18 years \$45 / 4 weeks or \$34 / 3 weeks

Saturdays	10:15-10:45 am	9/24 - 10/15
Thursdays	4-4:30 pm	10/20 - 11/10
Saturdays	10:15-10:45 am	10/24 - 11/12
Thursdays	4-4:30 pm	11/17 - 12/15*
Saturdays	10:15-10:45 am	11/19 - 12/17*

*No classes November 23-26 in observance of Thanksgiving.
This will be a 5 week semester with classes being held 4 of the 5 weeks.

Ice-Skating

Learn the fundamentals of ice-skating from certified U.S. Figure Skating Association instructors. Class fee includes skate rental and practice time on lesson day. Please arrive early to size skates. Dress warmly in layers and bring gloves or mittens. Participants are divided by age group: 3-5, 6-12, 13+

Instructor: East West Ice Palace staff

Resident \$57 • Non-Resident \$80 • East West Ice Palace

Wednesdays 5:40-6:10 pm Ages 3+ 10/12 - 11/9

Karate

Our karate classes offer a fun and structured program for every child and teenager. Your son or daughter will develop as a strong individual both inside and outside of the classroom. Youth will gain more focus, balance, self-control, and confidence in their capabilities. Interested but unsure? Try out a class free for a day. You are more than welcome to join us.

Instructor: Michio Jimenez

BEGINNER KARATE

Resident \$35 • Non-Resident \$40 • Artesia Park

M/F	4-5 pm	Ages 4-8	9/19 - 10/28
M/F	4-5 pm	Ages 4-8	11/2 - 12/16

No class 10/31, 11/11, 11/25, 11/30, 12/12

INTERMEDIATE KARATE

Resident \$35 • Non-Resident \$40 • Artesia Park

M/W	5-6 pm	Ages 8+	9/19 - 10/28
M/W	5-6 pm	Ages 8+	11/2 - 12/16

SPECIAL ADD-ON:

Add Fridays from 5-6 pm for \$5 more per session.

No class 10/31, 11/11, 11/25, 11/30, 12/12

ADVANCED KARATE

Resident \$40 • Non-Resident \$45 • Artesia Park

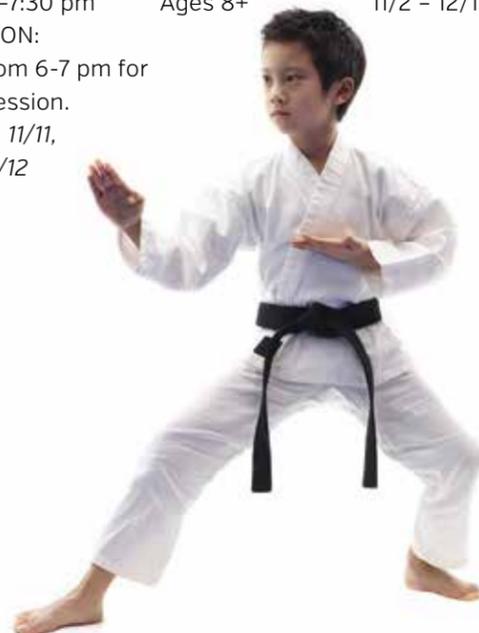
M/W	6-7:30 pm	Ages 8+	9/19 - 10/28
M/W	6-7:30 pm	Ages 8+	11/2 - 12/16

SPECIAL ADD-ON:

Add Fridays from 6-7 pm for

\$5 more per session.

No class 10/31, 11/11, 11/25, 11/30, 12/12



Tae Kwon Do

Tae Kwon Do is an effective self-defense program which also develops discipline, respect, flexibility, agility, coordination, and leadership. It also aids in weight reduction, increased endurance and lowering one's heart rate.

Instructor: Alex Mendez

BEGINNER TAE KWON DO

Resident \$45 • Non-Resident \$50 • Artesia Park

M/W/F	5-6 pm	Ages 4-13	10/3 - 10/28
M/W/F	5-6 pm	Ages 4-13	11/2 - 11/28

ADVANCED TAE KWON DO

Resident \$45 • Non-Resident \$50 • Artesia Park

M/W/F	6-7 pm	Ages 4-13	10/3 - 10/28
M/W/F	6-7 pm	Ages 4-13	11/2 - 11/28

SPECIAL OFFER: Try out a class for free for one week.

No class 9/5, 10/31, 11/11, 11/25, 11/30

Tennis

Tennis lessons for all experience levels. Beginner class for those with little or no tennis experience with emphasis on basic tennis fundamentals. Intermediate class for those with a few years playing tennis who would like to improve their game and learn tennis strategies. Advanced class for those with several years of playing experience and who would like to work on consistency, power and to grow without limit. Participants must provide tennis racquet.

Fees are **\$10 per class paid monthly**, based on the number of class sessions per month, and must be paid before classes begin. Private and semi-private lessons are available.

Private \$40/hour • Semi-Private \$20/30 minutes

Instructor: Eli Alejo

\$10 per class paid monthly • Artesia Park

10 AND UNDER TENNIS

Tuesdays	Beg/Int	5-6 pm	Ages 5-10	Monthly
Thursdays	Beg/Int	5-6 pm	Ages 5-10	Monthly
Saturdays	Beg/Int	9:30-10:30 am	Ages 5-10	Monthly

JUNIOR DEVELOPMENT TENNIS

Tuesdays	Int/Adv	6-7 pm	Ages 11-17	Monthly
Thursdays	Int/Adv	6-7 pm	Ages 11-17	Monthly
Saturdays	Int/Adv	8:30-9:30 am	Ages 11-17	Monthly

Tiny-Tot Cheer

Your toddler will be delighted by the songs, dance and poses which make up this fundamental cheer class. Pom poms will be available in the class for your child to use, or you can bring your own. Don't miss this chance for your little one to be introduced to cheer and gain valuable social skills.

Instructor: Eliana Drew

Resident \$24 • Non-Resident \$29 • Artesia Park

Monday 4-4:45 pm Ages 2-4 10/24 - 12/5
No class 10/31

Tiny-Tot Football



A step-by-step training program for boys and girls to promote the development of fundamental football skills. Players learn catching, throwing, and running with the ball. Scrimmage games will be played every other week.

Instructor: Recreation Staff

Resident \$45 • Non-Resident \$55 • Artesia Park

Wednesdays 5:45-6:45 pm Ages 3-6 10/5 - 11/9

Young Rembrandts Drawing Class

A different kind of learning, a powerful kind of fun. Young Rembrandts teaches drawing with a see-touch-do method that all kids can succeed with, learn from and love! Watch your child reach a brand new level of confidence and potential with this engaging, award-winning program.

Instructor: Young Rembrandts Teachers

Resident \$60 • Non-Resident \$70 • Artesia Park

Thursdays	3:45-4:45 pm	Ages 5-16	10/6 - 10/27
Thursdays	3:45-4:45 pm	Ages 5-16	11/3 - 12/1

No class 11/24

Zumba Kids Fitness with Rocío

Perfect for our younger Zumba fans! 4-12 year olds get the chance to be active and jam out to their favorite music. Zumba kids classes feature kid-friendly routines based on original Zumba choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure. Help develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key child development elements like leadership, respect, team work, confidence, self-esteem, memory, creativity, balance, coordination and cultural awareness.

Instructor: Rocío Guzman

Pay-As-You-Go \$4 • Artesia Park

Wednesdays	4-4:50 pm	Ages 4-12	10/5 - 10/26
Wednesdays	4-4:50 pm	Ages 4-12	11/2 - 11/30



Adult Activities

DANCE

Line-Dancing with Stuart & Jessie

Learn all the latest line dances. Instructors will break the dances down and teach step-by-step instructions for the most popular line dances. Kick up your heels and have fun while getting a great workout and exercising your memory as well! You don't need a partner, some experience is required.

Instructor: Stuart and Jessie Shepherd

Resident \$20 • Non-Resident \$25 • Artesia Park

Fridays Int 9-10:30 am Ages 18+ 10/21 - 12/16
No class 11/25



Line-Dancing with Trish

Get fit and exercise to the fun of country-style line dancing. You don't need a partner. Beginners to advanced students welcome.

Instructor: Trish La Commare

Pay-As-You-Go \$3 • Artesia Park

Wednesdays 6-7:30 pm Ages 18+ Continuously



FITNESS

Cardio Zumba with Jessie

Beginners welcome! This class is suitable for active seniors, using simple and easily controlled movements. Listen to oldies music while working out with classic aerobics and hot Zumba moves for fun. All moves use simple routine steps that are easy to follow. Please bring a mat. Hand weights are optional and must be supplied by the participant.

Instructor: Jessie Shepherd

Resident \$20 • Non-Resident \$25 • Artesia Park

Fridays 10:40-11:55 am Ages 18+ 10/21 - 12/16
No class 11/25

Zumba Fitness with Lettie

Feel good and look good! Dance your way to better fitness to the Latin rhythms of salsa, merengue, cha-cha, mambo, cumbia and more. No partner required.

Instructor: Lettie Morris

Artesia Park

Resident \$48 • Non-Resident \$58 • or Pay-As-You-Go \$5

Tuesdays/Thursdays 7-8 pm Ages 13+ 10/25 - 12/8
Tuesdays/Thursdays 7-8 pm Ages 13+ 12/13 & 12/15
[12/13 & 12/15 pay-as-you-go] No class 11/22, 11/24

Zumba Fitness with Rocio

Party yourself into shape. The Latin-inspired, easy-to-follow, calorie-burning, dance-fitness party. Feel the music and let loose!

Instructor: Rocio Guzman

AJ Padelford Park

Resident \$24 • Non-Resident \$30 • or Pay-As-You-Go \$4

Tuesdays/Thursdays 9:15-10:15 am Ages 18+ 10/4 - 10/27
Tuesdays/Thursdays 9:15-10:15 am Ages 18+ 11/1 - 11/29



Tae Kwon Do

Tae Kwon Do is an effective self-defense program which also develops discipline, respect, flexibility, agility, coordination, and leadership. It also aids in weight reduction, increased endurance and lowering one's heart rate.

Instructor: Alex Mendez

Resident \$50 • Non-Resident \$55 • Artesia Park

M/W/F 7-8 pm Ages 14+ 10/3 - 10/28

M/W/F 7-8 pm Ages 14+ 11/2 - 11/28

SPECIAL OFFER: Try out a class for free for one week.

No class 10/31, 11/11, 11/25, 11/30



Tennis

Tennis lessons for all experience levels. Beginner class for those with little or no tennis experience with emphasis on basic tennis fundamentals. Intermediate class for those with a few years playing tennis who would like to improve their game and learn tennis strategies. Advanced class for those with several years of playing experience and who would like to work on consistency, power and to grow without limit.

Participants must provide tennis racquet. Fees are **\$10 per class paid monthly**, based on the number of class sessions per month, and must be paid before classes begin. Private and semi-private lessons are available.

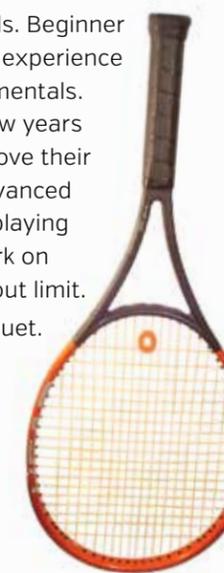
Instructor: Eli Alejo

Private \$40/hour • Semi-Private \$20/30 minutes

\$10 per class paid monthly • Artesia Park

Fridays Int/Adv 6-7 pm Ages 18+ Monthly

Sundays Beg/Int 9:30-10:30 pm Ages 18+ Monthly



Yoga with Lou

Practice the basic discipline and postures to promote physical fitness. Improve flexibility, strength, concentration, renew your energy, restore emotional stability and reduce stress. Students must bring a yoga mat to class.

Instructor: Lou Trerotola

Resident \$35 • Non-Resident \$45 • Artesia Park

Mondays/Wednesdays 6-7 pm Ages 18+ 10/3 - 11/9

Mondays/Wednesdays 6-7 pm Ages 18+ 11/14 - 12/14

11/14 - 12/14 [5 weeks] No class 10/31

Yoga with Mike

Learn the psychological and physical effects of stress, and management techniques to improve and regulate stress in your life through the use of self-awareness, meditation, and proper breathing.

Instructor: Mike Jackson

Resident \$35 • Non-Resident \$45 • Artesia Park

Tuesdays/Thursdays 8-9 am Ages 18+ 9/13 - 10/20

Tuesdays/Thursdays 8-9 am Ages 18+ 10/25 - 12/8

No class 11/8, 11/24

SPORTS LEAGUES

Men's Cricket League

Teams of 11 cricketers are invited to compete in a minimum of 10 games. All games are held at Artesia Park at 7 pm or 8:10 pm. Teams are responsible for umpire fees. If you are a single cricketer, please contact us and we will connect you with other cricketers interested in forming a team or filling out a team.

Team Fee: \$280, plus \$40 forfeit fee (\$320 Total)

Fridays 6-10 pm • Ages 16+

Register by 10/21 • Play begins 10/28



Co-Ed Slow-Pitch Softball League

Join with a team of 10 players [at least 4 players must be female]. Teams compete in a minimum of 10 games. All games are held at Artesia Park at 7 pm or 8:10 pm. Teams are responsible for umpire fees of \$13 per game.

Team Fee: \$320, plus \$30 forfeit fee (\$350 Total)

Fridays 7-10 pm • Ages 16+

Register by 10/21

Play begins 10/28



Activities

ARTS & MUSIC

Erhu Chinese Violin

The erhu is traditional Chinese stringed instrument played with a bow. It is also known as the Chinese violin. The erhu can be played solo or in an ensemble. Students may furnish their own instruments or purchase/rent in class.

Beginning: No experience necessary. Students will learn basic fingering, songs, and how to read jianpu, a Chinese numbered musical notation.

Instructor: Victor Li

\$50 • Beginner/Intermediate • Artesia Park

Tuesdays/Thursdays	3-5 pm	Adults	10/4 - 10/27
Tuesdays/Thursdays	3-5 pm	Adults	11/1 - 11/29

Nifty Crafters

Come learn to make beautiful jewelry using bead-weaving, stringing, and other bead techniques.

Instructor: Francisca Chavez

\$1 pay-as-you-go • Artesia Park

Tuesdays	10 am-1 pm	Ages 18+	9/3 - 11/1
Tuesdays	10 am-1 pm	Ages 18+	11/8 - 1/10

No class 12/20, 12/27

Guitar

Easy Intermediate (EI): You must know your basic chords. Students will learn bass runs, hammers, arpeggios and finger picking.

Intermediate Guitar (IG): Students will learn more difficult chords, songs, techniques, and tablature.

Instructor: Susan McCormick

\$33 (11 Classes) • Artesia Park

Wednesdays (EI)	9-11 am	Ages 18+	9/7 - 12/14
Wednesdays (IG)	11:15 am-1:15 pm	Ages 18+	9/7 - 12/14

No class 10/5, 10/12, 11/16, 12/7

Ukulele

An intermediate/advanced course in Hawaiian, Tin Pan Alley (1915-1930) and other song styles up to today. Students may use any type of ukulele and must furnish their own instrument. Students will improve skills and prepare for performances within the community.

Instructor: Susan McCormick

\$36 (12 classes) • Artesia Park

Thursdays	9-11:30 am	Ages 18+	9/8 - 12/15
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No class 10/6, 10/13

Sewing for All Levels

Beginning level: Students will follow the teacher's curriculum to create basic class projects. Bring a portable sewing machine, two yards of non-stretch fabric, and thread.

Intermediate and advanced levels: Students may work on their own projects or class projects. Bring a portable sewing machine, commercial sewing pattern, and supplies.

Instructor: Rosario Lamoureux

\$65 Resident • \$75 Non-Resident • Artesia Park

Thursdays	1-5 pm	Ages 18+	10/27 - 1/5
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No class 11/24, 12/22, 12/29

SPECIAL INTEREST

AARP Tax Program VOLUNTEERS NEEDED

Volunteers are needed for the annual Tax Assistance Program. This program provides free assistance for low-income seniors and individuals in preparing their state and federal income tax returns. Volunteers are trained in January and volunteer once a week on Mondays at the Albert O. Little Community Center from February 6 through April 17. If you are interested in becoming trained as a volunteer, sign up at aarp.org/tax volunteer.

AJPP Parent Group Social Hours

Meet neighbors, share recipes, and learn knitting techniques.

Free • AJ Padelford Park

Wednesdays/Fridays	9:30 am-12:30 pm
Ages 18+	9/2 - 12/18

Red Ribbon Parent Workshop

National Red Ribbon Week is October 23-31. This year's theme is "YOLO. Be Drug Free." Led by LA County Sheriffs deputies, workshops are bilingual parent education classes. Learn drug use prevention strategies: what to look for, resources available, and prevention tools. Children of parents who talk to their teens regularly about drugs are 42% less likely to use drugs than those who don't, yet only a quarter of teens report having these conversations. Learn how to have these important conversations with your child and the classes and steps necessary for teens to be accepted into college.

Free • AJ Padelford Park

Wednesday	6-8 pm	10/19
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Lunch Program

Lunch is served Monday-Friday at 11:30 am

South Asian vegetarian meals are also served on Wednesdays. Lunch is served to those 60+ for \$2.25. Diners under 60 may pay \$4.25 for lunch. A 24-hour reservation is required, please call 562-924-6509 between 9 am - 1 pm Monday-Friday.

ACTIVITIES & CLUBS

Bingo!

Tuesdays and Fridays

8:45-10:30 am

Bingo cards are \$0.25 each. Come play for a chance to win household prizes!



Line-Dancing

Tuesdays 9:15 - 10:30 am

Join the line-dancing group for free!



Loom Knitting Workshop

Wednesdays 10 - 11:15 am

Weekly meetings include teaching and learning new stitches along with making beanies for newborns, cancer patients, and soldiers overseas.

Wednesday Club

First four Wednesdays of every month 8 am - 1 pm

Meetings include bingo, lunch, and activities.

Donuts and Game Day Thursday

Come enjoy a donut and play some games 8 - 11 am.



Portuguese Social Hours

First Friday of every month 1 - 5 pm

FREE TRANSPORTATION

Artesia Express Free Shuttle

The Artesia Express, a free shuttle service, is available to Artesia residents who are 60+ or disabled. Participants must register by appointment at the Artesia Park office prior to using the service. Hours of operation are Monday through Friday from 8 am to 3 pm.

The service area includes the Artesia City limits plus the areas bounded by: Alondra Blvd. (north), Del Amo Blvd. (south), Valley View Road (east) and Bellflower Blvd. (west). An expanded service area is available on Tuesdays and Thursdays from 9 am to 3 pm. For location information please contact the Artesia Park office at 562-860-3361.

Appointments for service require 24-hour advance notice. Reservations for enrolled residents can be made by calling 562-865-6266.

Senior Activities



FALL EVENTS

BIRTHDAYS

Birthdays are celebrated at the Senior Center on the first Wednesday of each month from 10 to 11:30 am. Come enjoy some cake, a happy birthday song, and meet new friends!

HALLOWEEN PARTY

OCTOBER 31 from 10 to 11:30 am

Join us for music, dancing, and homemade snacks before lunch is served.

SENIOR THANKSGIVING LUNCHEON

NOVEMBER 16 from 10 am to 1 pm

Join us for music, dancing, a special Thanksgiving meal, and a raffle.



UPCOMING EXCURSIONS

SATURDAY • OCTOBER 15

THE GLENDALE THEATER:

Sherlock Holmes – The Final Adventure

12-7 pm • \$24* (Registration opens September 2)

THURSDAY • NOVEMBER 3

WELK THEATRE: Sweet Charity

9 am-6 pm • \$59* (Registration opens September 22)

SATURDAY • DECEMBER 10

HAUGH PERFORMING ARTS CENTER (CITRUS COLLEGE):

Christmas Is

11 am-6 pm • \$23* (Registration opens October 5)

*Meal not included in ticket price. Senior Excursions are meant for those age 50 and over. Exceptions are made for caretakers.



Fall 2016 Events



ARTESIA INTERNATIONAL STREET FAIR & DIVERSITY FESTIVAL

SATURDAY • OCTOBER 1 • 11 am - 11 pm
PIONEER BLVD BETWEEN 188th & 183rd STREETS

Celebrating the diverse communities of Artesia, the third annual International Street Fair & Diversity Festival will again showcase cuisine, live performance, and fun from cultures around the world.

- International Entertainment and Cuisine • Live Music • Beer Garden
- Arts & Crafts • Shopping • Giveaways • Kids Zone • FREE Admission



TREATS IN THE STREETS

WEDNESDAY • OCTOBER 26 • 3-5 pm • PIONEER BLVD

Youth 12 and under are invited to go trick-or-treating in downtown Artesia on Pioneer Blvd. between 187th Street and 183rd Street

- Local merchants will provide candy or treats inside their stores
- Free arts & crafts, rides, carnival games and face painting



HALLOWEEN SPOOKTACULAR

MONDAY • OCTOBER 31 • ARTESIA PARK • 6-8 pm

- Play games to win Halloween goodies (kids 12 & under)
- Enjoy hot dogs and punch provided by the Artesia-Cerritos Lions Club [while supplies last]
- Enter the costume contest to win prizes (4 age groups)
- Join the limbo dance contest to win prizes
- **Trunk-or-Treat at the Park** The new and fun way to pass out [and get] candy on Halloween! Members of the community are encouraged to join in and pass out candy by bringing a decorated car to the event. [Please register cars by October 28]



VETERANS DAY CELEBRATION

THURSDAY • NOVEMBER 10 • ARTESIA PARK • 5-7:30 pm

Join us as we honor Veterans and thank them for their service to our country. A ceremony will be held at 5:30 pm recognizing Artesia's local veterans. If you know someone who has not yet been recognized, please contact Artesia Park to register for recognition by October 14.

- Military gun salute demonstration • Flag folding ceremony
- Military vehicle displays • Service provider info booths
- Arts and crafts for youth • Veterans Memorial bricks available



HOLIDAY TREE LIGHTING CEREMONY

WEDNESDAY • NOVEMBER 30 • ARTESIA PARK • 5-8 pm

Join us to bring in the holiday season by lighting the holiday tree. Following the tree lighting, youth choir and dance groups will perform holiday medleys. Hot cocoa and cookies will be available while supplies last.

For additional information on City of Artesia events please call the Parks & Recreation Dept: 562-860-3361

ALCOHOL AND SMOKING ARE NOT PERMITTED AT CITY PARKS AT ANY TIME. DOGS MUST BE LICENSED AND ON A LEASH AT ALL TIMES IN CITY PARKS.